Program Description

SCC’s Nursing Programs prepare students to apply for licensure as a Practical or Registered Nurse or certification as a Nursing Assistant.

Students in the nursing program take liberal arts and science courses and nursing theory courses. In addition, clinical courses are required off campus under the guidance and supervision of SCC nursing faculty in a variety of health care agencies in south central Minnesota. SCC’s experienced instructors are committed to providing a high-quality educational experience.

Since it is vital to maintain high healthcare standards in all healthcare facilities, students must adhere to health policies and meet specific criteria to enter the program. Once notified of acceptance to the program, students will submit required program documentation, including current immunization status and certificate in professional CPR for all ages, before attending clinical experiences in health care settings. The student is responsible for ensuring initial compliance with and renewal/updating of health and personal information on file.

Minnesota law requires that all persons who provide services that involve direct contact with patients and residents at a health care facility be subject to a background study. A student who is disqualified from having direct patient contact as a result of the background study will not be permitted to participate in a clinical placement in a health care facility and will not be allowed to continue in the nursing program or Basic Nursing Course. Students who have a disqualification that the Minnesota Commissioner of Health may consider setting aside will not be allowed to continue in the nursing program (an exception may be made for students enrolled in the Basic Nursing Course).

Practical Nursing and the Nursing A.S. Degree programs are approved by Minnesota State Colleges and Universities and the Minnesota Board of Nursing.

The South Central College Professional Nursing Associate Degree Program is a candidate for accreditation by the National League for Nursing Accrediting Commission.

Admission Dates

Practical Nursing and Professional Nursing A.S. Degree

Application to the nursing program is a separate process from admission to the college. In order to be eligible to make application to the core nursing program, students must be fully admitted to the college by the published college admission deadlines.

The application window for the Professional Nursing A.S. Degree is open yearly from January 1 through the last Friday in January. Students are notified by mid-April of their acceptance or denial to the program for the following academic year.

For more details on making application to the Practical Nursing or Professional Nursing A.S. Degree program, refer to the Nursing Program Admission Policies found in the Nursing Handbooks at http://www.southcentral.edu/nursing/nursing-program-description.html

Program Course, Diploma and Degrees

Nursing Assistant (Basic Nursing)
4 Credits

Practical Nursing (PN)
Diploma

Practical Nursing (PN)
A.A.S. Degree

Nursing
A.S. Degree
Description
The Nursing Assistant-Home Health Aide Program prepares individuals to work in hospitals, nursing homes, and home care settings. Students learn to safely assist clients with basic physical and emotional needs.

This course may not be eligible for federal student aid if not taken as part of a designated program. See advisor for further information.

Basic Entrance Requirements
1. Complete the college application process
2. Register for course HCTC1886
3. Participate in a background study. Minnesota law requires a background study on any person who provides services that involve direct contact with clients at a health care facility licensed by the Minnesota Department of Health. An individual that is disqualified from having direct patient contact as a result of the background study, and whose disqualification is not set aside by the Commissioner of Health, will not be permitted for clinical placement in a Minnesota licensed health care facility. Inability to qualify for a clinical placement required by the academic program could result in ineligibility to the course.
4. Provide documentation of a negative mantoux within the past 3 months. In the event of a positive mantoux, the student will be required to provide documentation of a negative chest Xray. (This is mandated by the state for anyone providing care in a long term care facility).

Offered on Faribault and North Mankato Campus
Diploma Description

SCC offers a 40 credit Practical Nursing (PN) Diploma. Students will be taught to collect data related to client physical and mental functioning, administer prescribed medications, demonstrate effective therapeutic communication, provide thorough reporting and recording, prioritize and care for multiple clients with a variety of disorders, perform technical nursing skills and understand the importance of maintaining confidentiality.

After completion of the 40 credits of the Nursing Program, students are qualified to receive the Practical Nursing Diploma and are eligible to take the NCLEX-PN examination.

Admitted Practical Nursing students are required to participate in a background study.

Diploma Core Competencies

1. Communicate effectively using therapeutic communication techniques
2. Conduct observations of clients while providing physical and psychosocial nursing care.
3. Demonstrate competence of nursing skills while caring for clients.
4. Accurately perform mathematical calculations to administer medications safely within scope of nursing practice.
5. Provide thorough reporting and recording of healthcare information to assist in continuity of care for clients.
6. Demonstrate the ability to prioritize and care for multiple clients with a variety of disorders under the direct supervision of the registered nurse.

For entrance and preparatory requirements, see the Nursing Handbook or Practical Nursing Program Guide: http://www.southcentral.edu/nursing/nursing-program-description.html

Offered on Faribault and North Mankato Campus

<table>
<thead>
<tr>
<th>Practical Nursing</th>
<th>Diploma (40 Credits)</th>
<th>DIP2302/DIP3304</th>
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<tbody>
<tr>
<td>REQUIRED TECHNICAL COURSES</td>
<td>25</td>
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<tr>
<td>NURS1100 Foundations of Nursing</td>
<td>3</td>
<td></td>
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<tr>
<td>NURS1150 Clinical Foundation</td>
<td>3</td>
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<tr>
<td>NURS1175 Nursing Interventions</td>
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<tr>
<td>NURS1275 Medication Administration I</td>
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<tr>
<td>NURS1210 Medication Administration II</td>
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<tr>
<td>NURS1310 Application of Nursing</td>
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<tr>
<td>NURS1350 Clinical Application</td>
<td>5</td>
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<tr>
<td>NURS1410 Family Nursing</td>
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<tr>
<td>NURS1610 Psychosocial Nursing</td>
<td>1</td>
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</tr>
</tbody>
</table>

REQUIRED LIBERAL ARTS & SCIENCES | 15 |
MNTC - Goal Area 1: Communications               |
ENGL100 Composition | 4  |
MNTC - Goal Area 3: Natural Sciences           |
BIOL220 Human Anatomy | 4  |
BIOL225 Anatomy and Physiology I | 4  |
BIOL230 Human Physiology | 4  |
BIOL235 Anatomy and Physiology II | 4  |
MNTC - Goal Area 5: History & the Social & Behavioral Sciences |
PSYC110 Lifespan Psychology | 3  |

See pages 226-278 to find course descriptions for the courses listed above.

This program has an online option for one or more of its courses. Contact Advisor for online option availability. For more information visit online.southcentral.edu
Practical Nursing
A.A.S. Degree

Degree Description
SCC offers a 60 credit Practical Nursing (PN) A.A.S. Degree. Students will be taught to collect data related to client physical and mental functioning, administer prescribed medications, demonstrate effective therapeutic communication, provide thorough reporting and recording, prioritize and care for multiple clients with a variety of disorders, perform technical nursing skills and understand the importance of maintaining confidentiality.

After completion of the 60 credits of the Nursing Program, students are qualified to receive an A.A.S. Degree in Practical Nursing and are eligible to take the NCLEX-PN examination.

Admitted Practical Nursing students are required to participate in a background study.

Degree Core Competencies
1. Communicate effectively using therapeutic communication techniques.
2. Conduct observations of clients while providing physical and psychosocial nursing care.
3. Demonstrate competence of nursing skills while caring for clients.
4. Accurately perform mathematical calculations to administer medications safely within scope of nursing practice.
5. Provide thorough reporting and recording of healthcare information to assist in continuity of care for adults.
6. Demonstrate the ability to prioritize and care for multiple clients with a variety of disorders under the direct supervision of the registered nurse.

For entrance and preparatory requirements, see the Nursing Handbook or A.A.S. Practical Nursing program guide: http://www.southcentral.edu/nursing/nursing-program-description.html

Continued on the next page.
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Offered on Faribault and North Mankato Campus

### Practical Nursing  A.A.S. Degree (60 Credits)

#### REQUIRED TECHNICAL COURSES

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>HC1000</td>
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<tr>
<td>NURS1110</td>
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<tr>
<td>NURS1150</td>
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<tr>
<td>NURS1175</td>
<td>3</td>
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<tr>
<td>NURS1275</td>
<td>1</td>
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<tr>
<td>NURS1210</td>
<td>2</td>
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<td>NURS1350</td>
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<tr>
<td>NURS1410</td>
<td>2</td>
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<tr>
<td>NURS1610</td>
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</table>

#### REQUIRED LIBERAL ARTS & SCIENCES

To complete an A.A.S. Degree, students must complete courses from 3 of the 10 MNTC Goal Areas. See pgs. 56-62 for more information. Courses must be selected in consultation with advisor/faculty.

- MNCT - Goal Area 1: Communications
  - ENGL100  Composition  4
- MNCT - Goal Area 2: Critical Thinking
  - PHIL100  Ethics in Society  3
- MNCT - Goal Area 3: Natural Sciences
  - BIOL100  Introduction to Biology  4
  - BIOL225  Anatomy and Physiology I  4
  - BIOL235  Anatomy and Physiology II  4
- MNCT - Goal Area 5: History & the Social & Behavioral Sciences
  - PSYC110  Lifespan Psychology  3
- Select a 3 credit course from MNCT
  - Goal Area 5 in a discipline other than Psychology  3
- MNCT - Goal Area 8: Global Perspective
  - COMM130  Intercultural Communication  3

#### ELECTIVE CREDITS

Choose from the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>CDEV1240  Working with Diverse Families &amp; Children</td>
<td>3</td>
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<tr>
<td>CSS1811  Facilitating Positive Behaviors</td>
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</tr>
<tr>
<td>CSS 1812  Introduction to Social Work</td>
<td>3</td>
</tr>
<tr>
<td>HC1934  Trained Medication Assistant</td>
<td>2</td>
</tr>
<tr>
<td>HHP100  Introduction to Health</td>
<td>3</td>
</tr>
<tr>
<td>HHP121  Topics in Aerobic Conditioning</td>
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<tr>
<td>HHP122  Topics in Mind Body Fitness</td>
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</tr>
<tr>
<td>HHP123  Topics in Strength Training</td>
<td>1</td>
</tr>
<tr>
<td>HHP124  Topics in Lifetime Fitness Activities</td>
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</tr>
<tr>
<td>HHP205  Drug Education</td>
<td>3</td>
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<tr>
<td>HHP210  Stress Management</td>
<td>3</td>
</tr>
<tr>
<td>HLTH1952  First Aid</td>
<td>1</td>
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<tr>
<td>HLTH1954  Safety</td>
<td>1</td>
</tr>
<tr>
<td>HLTH1950  CPR</td>
<td>1</td>
</tr>
<tr>
<td>OTEC1001  Computer Software for College</td>
<td>2</td>
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<tr>
<td>OTEC1790  Keyboarding for College</td>
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</table>

See pages 226-278 to find course descriptions for the courses listed above.

This program has an online option for one or more of its courses. Contact Advisor for online option availability. For more information visit online.southcentral.edu
The South Central College Professional Nursing Associate in Science Degree is approved by Minnesota State Colleges and Universities and the Minnesota Board of Nursing.

The South Central College Professional Nursing Associate Degree Program is a candidate for accreditation by the National League for Nursing Accrediting Commission.

Degree Description
The Associate in Science Degree in Nursing prepares students for the role of a professional nurse, which includes providing safe and culturally competent care in a variety of settings. Students will develop and maintain positive, healthy relationships with patients, families, and the community as they learn to practice according to legal, ethical, and professional standards. Evidence will support care, learning, and professional development as students become advocates for quality health care.

Qualified licensed practical nurses admitted into the Nursing Program will be granted 12 credits of advanced standing for graduation prior to taking their first nursing class. A qualified LPN is one who has met the admission criteria for the SCC Nursing Program. Admitted LPN’s will be required to complete a 4-credit “Nursing Transitions” course (NURS1910).

For students wishing to complete the program on a part-time basis, it is recommended they take as many of the required liberal arts and science courses as possible before beginning the program (during their “pre-nursing” time).

Admitted students are required to participate in a background study.

Students that earn an Associate in Science Degree may transfer credits to a four-year institution to work towards a Bachelor’s Degree in Nursing. Students will be required to take additional liberal arts and science courses, and should visit with whichever institution they wish to transfer to for further information.

Degree Core Competencies

NLN - National League of Nursing
1. Human Flourishing - Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings.
2. Nursing Judgment - Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context.
3. Professional Identity - Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context.
4. Spirit of Inquiry - Examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities.

QSEN - Quality and Safety Education for Nurses
5. Patient-centered Care - Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient’s preferences, values, and needs.
6. Teamwork and Collaboration - Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care.
7. Evidence-based Practice (EBP) - Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care.
8. Quality Improvement (QI) - Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems.
9. Safety - Minimizes risk of harm to patients and providers through both system effectiveness and individual performance.
10. Informatics - Use information and technology to communicate, manage knowledge, mitigate error, and support decision making.

Continued on the next page.
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For entrance and preparatory requirements, see the Nursing Handbook or Professional Nursing Associate in Science Degree Program Guide: http://www.southcentral.edu/nursing/nursing-program-description.html

Offered on Faribault and North Mankato Campus

### Nursing A.S. Degree (64 Credits)

#### REQUIRED TECHNICAL COURSES 33

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>*NURS2210</td>
<td>Semester 1 Theory</td>
<td>2</td>
</tr>
<tr>
<td>*NURS22275</td>
<td>Skills &amp; Pharmacology I</td>
<td>4</td>
</tr>
<tr>
<td>*NURS2250</td>
<td>Semester 1 Clinical Practice</td>
<td>2</td>
</tr>
<tr>
<td>NURS2310</td>
<td>Semester 2 Theory</td>
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<tr>
<td>NURS2375</td>
<td>Skills &amp; Pharmacology II</td>
<td>2</td>
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<td>*NURS2350</td>
<td>Semester 2 Clinical Practice</td>
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<tr>
<td>NURS2410</td>
<td>Semester 3 Theory</td>
<td>4</td>
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<tr>
<td>NURS2450</td>
<td>Semester 3 Clinical Practice</td>
<td>4</td>
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<tr>
<td>NURS2510</td>
<td>Semester 4 Theory</td>
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<tr>
<td>NURS2550</td>
<td>Semester 4 Clinical Practice</td>
<td>4</td>
</tr>
</tbody>
</table>

*Courses to which advanced standing is applied

#### REQUIRED LIBERAL ARTS & SCIENCES 31

To complete an A.S. Degree, students must complete courses from 6 of the 10 MNTC Goal Areas. See pgs. 56-62 for more information. Courses must be selected in consultation with advisor/faculty.

- **MNTC - Goal Area 1: Communications**
  - ENGL100  Composition 4

- **MNTC - Goal Area 3: Natural Sciences**
  - BIOL225  Anatomy and Physiology I 4
  - BIOL235  Anatomy and Physiology II 4
  - BIOL240  Pathophysiology 3
  - BIOL270  Microbiology 4

- **MNTC - Goal Area 5: History & the Social & Behavioral Sciences and MNTC - Goal Area 7: Human Diversity**
  - PSYC110  Lifespan Psychology 3

- **MNTC - Goal Area 8: Global Perspective**
  - COMM130  Intercultural Communication 3

- **MNTC - Goal Area 9: The Arts**
  - ARTS100  Art History 3

- **MNTC - Goal Area 10: Fine Arts**
  - MUSC100  Music Theory 3

**Students must select a minimum of 6 credits from at least two MNTC-Goal Areas: 2, 4, 6, 9, or 10.**

#### OTHER REQUIRED COURSES 12

<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>Advanced Standing</td>
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</table>

**Advanced Standing** is academic credit granted to a licensed practical nurse in recognition of prior nursing education and experience. *Courses to which advanced standing is applied.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>NURS1910</td>
<td>Nursing Transitions</td>
</tr>
</tbody>
</table>

This technical course is required for all licensed practical nurses who are granted Advanced Standing.

**ONLINE Options** This program has an online option for one or more of its courses. Contact Advisor for online option availability. For more information visit online.southcentral.edu

See pages 226-278 to find course descriptions for the courses listed above.